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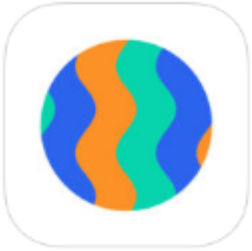
Online Safety: Parents -

Sue Finnigan
E-Learning Consultant SCC

Life in Likes – Children's Commisioner for England.



Don't mess with Texas

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Protecting Children Online

Behaviour puts young people at risk not technology

How Did You Decide?

Who?

What?

Where?

O2 NSPCC NetAware

Type and select network

(e.g. Facebook)

Explore all networks

A-Z | Most popular | News

Your guide to the social networks your kids use

Stay up to date and keep your child safe in today's digital world

Search for a site, game or app to find out more

(e.g. Facebook)

Explore other networks

All networks A-Z | Most popular

The Worst Case Scenarios?

Sexual Exploitation

Addiction

Radicalisation

Extreme Health Messages e.g Pro Suicide

Bullying

Commercial Exploitation or Criminality

Teenagers with SEND are the MOST vulnerable young people.

What our Children and Young People Worry about.

Scary Stuff

The News

Nasty or Offensive Comments

Being left out of Squads/ Lobbys. Parties

Swearing

Strangers

Sharenting

Pressure to get likes

Friends

Losing their Tech. Not being Online

Pressure for naked selfies

	All	Most	Some
Health and Wellbeing			
Lifestyle	Screen time Healthy Balance Online/Offline	Sleep School Work Age appropriate Activity Scary Information	Online Addiction
Health Information	Mainstream Health Messages Positive Mental Health Information	FOMO - Pressure Mental Health Risks Body Image Validating Health Information Support Online	Suicide Pro Anorexia Pro Bigger
Relationships			
Friendships	Online V Offline Friendships Number of Friends Sharing Information Gaming	Privacy Settings in Social Media Swearing and Rage in Gaming	Bullying Trolling
Sexual Content	Inappropriate Content Pornography	Nude Selfies Law around Images Loss of control of images	Online and Offline Sexual Exploitation
Living in the Wider World			
Commercial Risks	The value of data Understanding the structure of the Internet	Understanding Terms and Conditions Career implications of online life both positive and negative	Commercial Criminal Activity – Hacking ,Fraud, Financial Scams etc.
News and Information	Inaccurate Information Online Checking Validity The Internet Vs WWW	News Fake News Echo Chambers Reliable sources of news and bias	Radicalisation

S E Finnigan Sheffield City Council November 2017

- Friends of Friends
- Bullies
- Predators
- Persuaders
- Advertisers
- Universities
- Employers

Can I Be Your Friend?

What are our children and young people doing online?

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The Parentzone and the Internet Watch Foundation

Nude or semi-nude images or videos produced by a young person of themselves engaging in erotic or sexual activity and intentionally shared by any electronic means."

During the course of the Study, 3,803 images and videos were assessed as meeting the research criteria.

The key findings of the Study were as follows:

- 17.5% of content depicted children aged 15 years or younger.
- Most of the content depicting children aged 15 or younger was created using a webcam.
- Over 9 out of 10 items which depicted children aged 15 or younger featured girls.
- Half of the content depicting children aged 15 years or younger was Category A or B (¼ in the 16-20 years age range)
- 90%of the total images and videos assessed as part of the Study had been harvested from the original upload location and were being redistributed on third party websites.

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Children's COMMISSIONER

Growing Up Digital

A report of the Growing Up Digital Taskforce

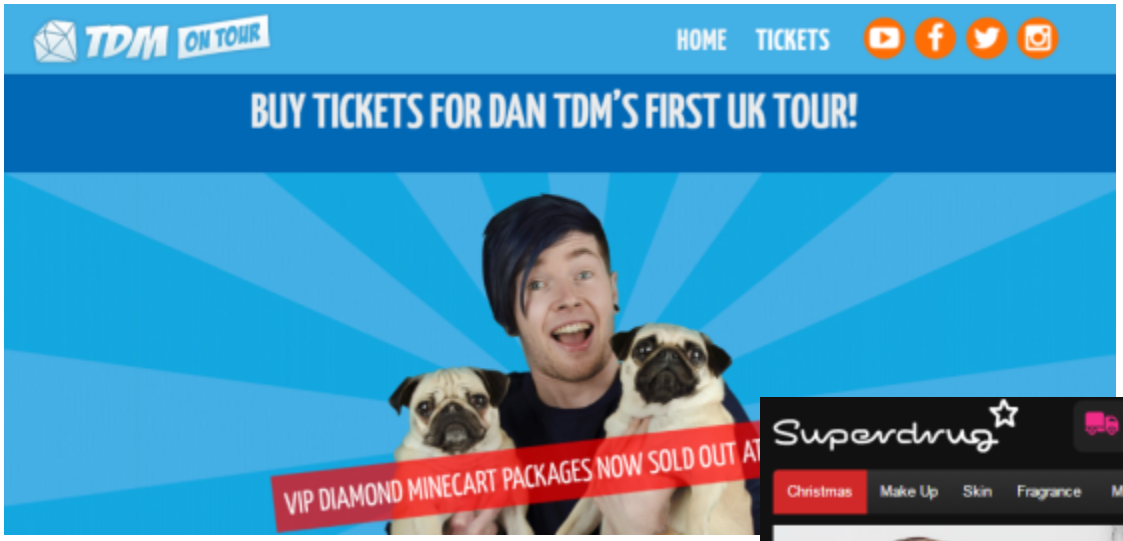
January 2017

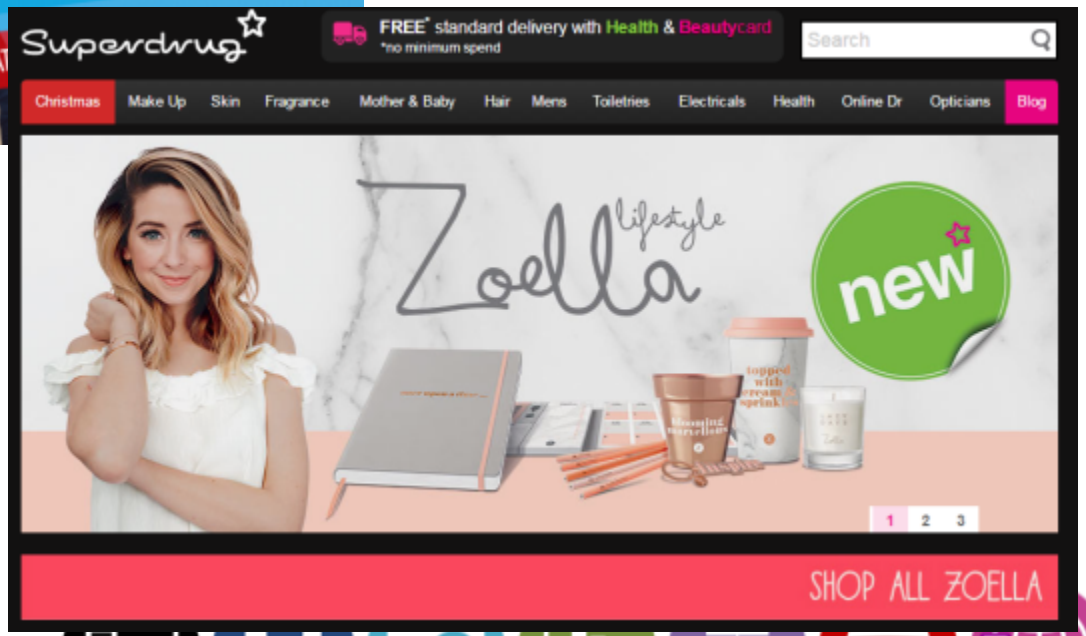
Sheffield Safeguarding Children Board

www.safeguardingsheffieldchildren.org.uk

	Commercial	Aggressive	Sexual
Content (child as recipient) "Where"	Adverts Spam Sponsorship Personal info	Violent/hateful content	Pornographic or unwelcome sexual content
Contact (child as participant) "Who"	Tracking Harvesting personal info	Being bullied, harassed or stalked	Meeting strangers Being groomed
Conduct (child as actor) "What"	Illegal downloading Hacking Gambling Financial scams Terrorism	Bullying or harassing another	Creating and uploading inappropriate material

YouTube


TDM ON TOUR
HOME
TICKETS
BUY TICKETS FOR DAN TDM'S FIRST UK TOUR!
VIP DIAMOND MINECART PACKAGES NOW SOLD OUT AT


Superdrug
FREE* standard delivery with Health & Beautycard
*no minimum spend
Search
Christmas
Make Up
Skin
Fragrance
Mother & Baby
Hair
Mens
Toiletries
Electricals
Health
Online Dr
Opticians
Blog
Zoella
lifestyle
new
SHOP ALL ZOELLA

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NEWS

Home | UK | World | Business | Politics | Tech | Science | Health | Education | Enterta

World | Africa | Asia | Australia | Europe | Latin America | Middle East | US & Canada

Nice attack: At least 84 killed by lorry at Bastille Day celebrations

15 July 2016 | Europe

Share

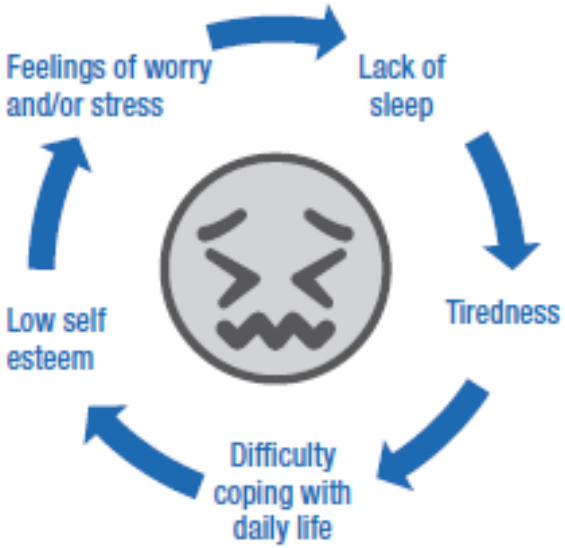
The waterfront was packed with families viewing the fireworks display

Pressure

- To be online
- To get likes
- To look “right”
- Worry about friends
- Inappropriate Information
- Asked for images

CALLS TO ACTION

- Introduction of a pop-up heavy usage warning on social media
- Social media platforms to highlight when photos of people have been digitally manipulated
- NHS England to apply the Information Standard Principles to health information published via social media
- Safe social media use to be taught during PSHE education in schools
- Social media platforms to identify users who could be suffering from mental health problems by their posts, and discreetly signpost to support
- Youth-workers and other professionals who engage with young people to have a digital (including social) media component in their training
- More research to be carried out into the effects of social media on young people's mental health



Source: Mind

Anonymous • 14-16 y/o Northern Ireland

"…the time you can spend on some of these apps - they can be very addictive. I lose time to revise, can't do homework, can't interact with family/friends and lose a lot of sleep at night time."

The **Digital 5 A Day** provides a simple framework that reflects the concerns of parents/ carers as well as children's behaviours and needs. It can also act as a base for family agreements about internet and digital device use throughout both the holidays and term time.

Based on the NHS's evidence-based 'Five steps to better mental wellbeing', the 5 A Day campaign

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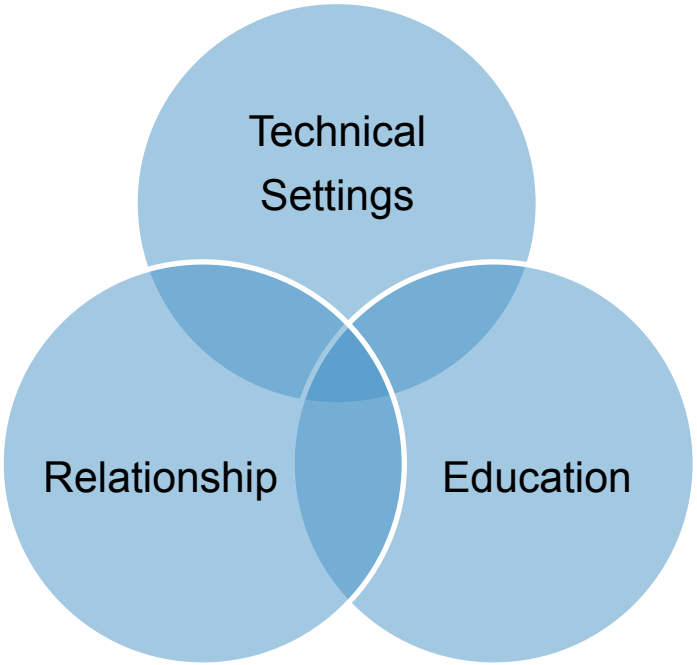
What Does Support Mean?



Relationships

- High standards of behaviour
- Clear negotiated boundaries
- Warm Relationships
- Measured Responses

who

What to do if you have a **Who** worry

Explain to your child why you are worried about the people they are in touch with online

If someone is bullying your child online:

- **Keep the evidence – screenshots and/or texts**
- **If it's someone from their school, talk to their teacher**
- **Report to the service provider**
- **Find out how to block users on Social Media Sites**

If you are concerned about a person who is talking to your child, you can report it to CEOP or the police.

PitDA

Microsoft

theparentzone

what

What to do if you have a **What** worry

- Turn off in-app purchasing on smartphones and tablets register it for an under 18.
- Check your child's privacy settings on sites like Musical.ly and image sharing sites like Instagram. Think about the age they have told different sites
- Decide whether you need to involve your child's school or even the police
- Talk to your child about the news and where to find it.

PitDA

Microsoft

theparentzone

where

What to do if you have a **Where** worry

- Talk to your child about your concerns
- Agree sites that you're happy for them to use
- Set YouTube SafetyMode and Google SafeSearch to help filter 'inappropriate content'
- Familiarise yourself with reporting tools on sites like instagram, YouTube

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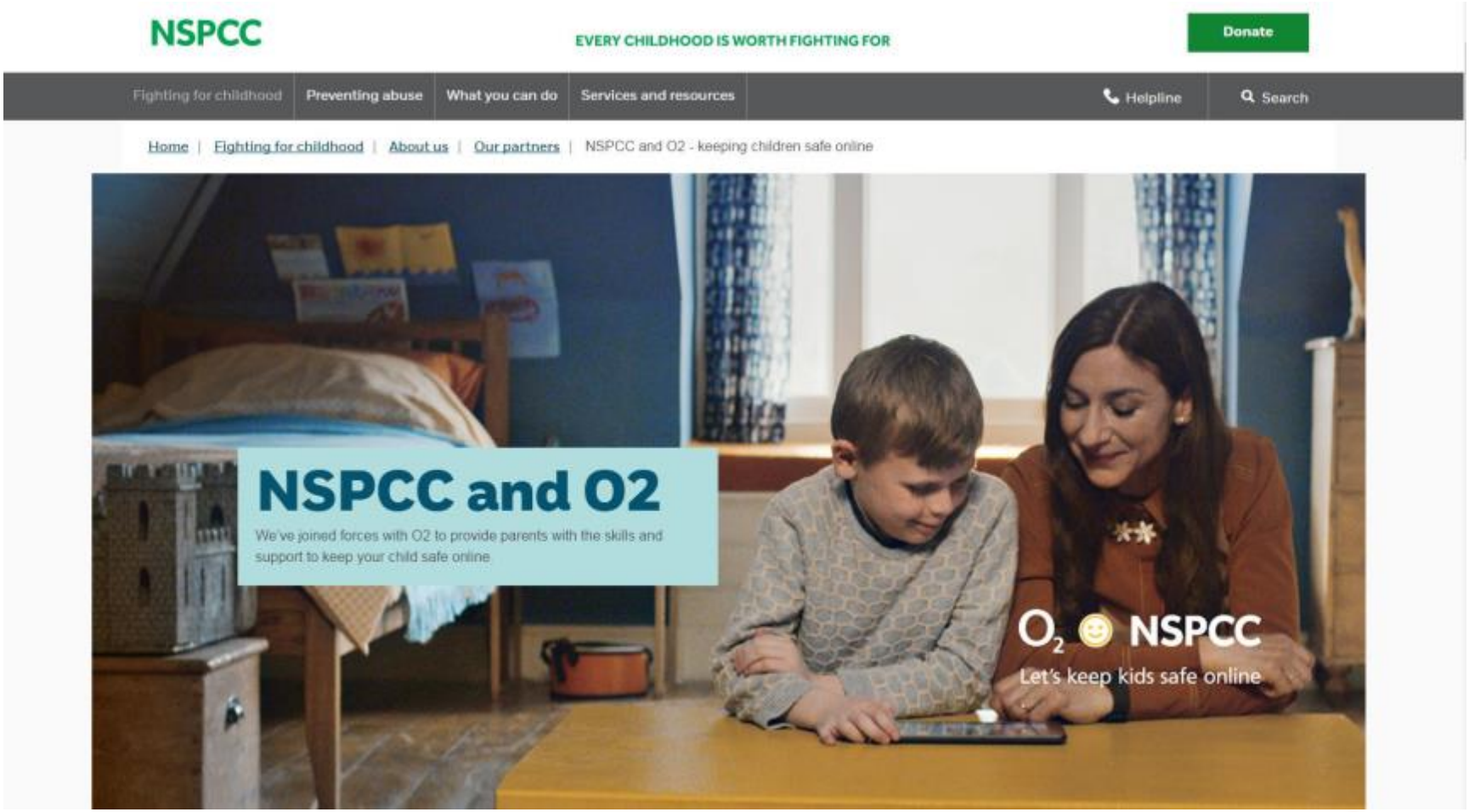

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Home
Recommended partners
Contact
parentZONE
MAKING THE INTERNET WORK FOR FAMILIES
LATEST
ADVICE
TRAINING
EVENTS
PROJECTS
MEMBERSHIP
ABOUT US
For parents
Take our FREE online parenting course, Resilient Families.
Information and advice for families.
The very first online Parenting in the Digital Age course.
Help us make the internet work for you! Tell us which tech companies you trust.
For parents
For schools
For companies
Sign up for the latest news and event information with our FREE newsletter
Email Address *
First Name
Last Name
Sign up

Resources
Shop
Blog
Contact us
My Account
Childnet International
Young people
Teachers and Professionals
Parents and Carers
Press and Policy
What we do
New for Schools
Vacancies
Support Us
Parents and Carers
Welcome parents and carers! In this section you will find all the information you need to keep your child safe online.
Whether you're puzzled by parental controls or would like to know more about gaming, this section can help. We all know that it can sometimes be challenging to keep up to speed with what children and young people are doing online. Luckily on this site you'll find a whole host of useful ways to keep your child safe.
Want a quick overview? Check out our leaflet for parents
What do I need to know?
Need help?
Hot topics
Things to do
Have a conversation
What do I need to know?
Key advice for parents and carers including conversation starters.
Need help?
Advice for parents and carers about how to make a report online.
Hot topics...
Parental controls
Gaming

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UK Safer Internet Centre

Home | About | Advice and resources | Research | Need help? | Safer Internet Day | Support Us | News

Parents and carers

Parents and carers play a key role in supporting children to learn about how to stay safe online, and they are one of the first people children turn to if things go wrong. We know it can be difficult to stay on top of the wide range of sites and devices that young people use, so we hope that the following advice helps.

Four steps:

1. Have ongoing conversations with your children about staying safe online
2. Use safety tools on social networks and other online services, eg Facebook privacy settings
3. Decide if you want to use parental controls on your home internet
4. Understand devices and the parental control tools they offer in our Parents' Guide to Technology

- Young people
- Parents and carers
  - Have a conversation
  - Safety tools on online services
  - Parental controls
  - Parents' Guide to Technology
- Teachers and professionals
- Foster carers, adoptive parents and social workers

What are the key online risks?

Contact: children can be contacted by bullies or people who groom or seek to abuse them

Content: age-inappropriate or unreliable content can be available to children

Conduct: children may be at risk because of their own behaviour, for example, by sharing too much information

www.Vodafone.parents.com

Spotlight on

6 **Age**
How can you keep up and stay in control… whatever your child's age?

10 **Digital spaces**
Find out about some of the latest digital gadgets, gizmos, websites and services.

26 **Going for gold!**
Three young Paralympic athletes explain the crucial role that technology plays in their lives.

39 **Cloud & Wi-Fi**

40 **Vodafone: Protecting children, empowering parents**

60 **What happens when toddlers zone out with an iPad?**
(licensed from The Wall Street Journal)

72 **Digital grandparenting**

86 **Reporting online concerns**

96 **Teenagers and technology**
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TALK, TALK TALK…. Children are not the experts!!!

Difference between virtual and real - relationships

Ask what sites they visit, who they talk to when they go there and what they do.

Have they any anxieties or concerns?

Talk to them about your concerns

Parental controls and filtering software can help keep younger children away from worrying content or areas.

Threatening to "take the internet away" or to remove a child's mobile phone is unlikely to help. Need to learn

If you are extremely concerned talk to a professional or the Police